

# WHAT ARE THEY SAYING?

"The Nebraska Corporate Games gave the employees of Crete Carrier a great opportunity to build morale and continue our team bonding. We were able to work with other departments outside of our normal work environment which flowed over into our day to day business and helped build stronger teammates and communication throughout our company. Just a great opportunity to see fellow associates outside of the typical business settings."

-Roger Mundt
Asset Manager Dedicated/Expedited Fleets
Crete Carrier Corporation

## "The Corporate Games were a great experience for Assurity."

The comradery that developed from the competition was definitely the highlight. It gave our associates an opportunity to compete with co-workers in different departments. They really got to know others that they don't work with on a regular basis."

-Laura-Leigh Norris Wellness and Life Enhancement Consultant Assurity Life Insurance Company



# **April 2019**

| Sunday                  | Monday                           | Tuesday                          | Wednesday                      | Thursday                       | Friday                         | Saturday  |
|-------------------------|----------------------------------|----------------------------------|--------------------------------|--------------------------------|--------------------------------|---|
|                         | 1                                | 2                                | 3                              | 4                              | 5                              | 6   |
| 7                       | 8                                | 9                                | 10                             | 11                             | 12                             | 13  |
| 14                      | 15                               | 16                               | 17                             | 18                             | 19                             | 20  |
| 21<br>Easter Sunday     | 22<br>FITNESS WALK               | 23<br>PICKLEBALL                 | 24<br>CORNHOLE<br>(Division 1) | 25<br>CORNHOLE<br>(Division 2) | 26<br>GOLF SCRAMBLE<br>BOWLING | 27<br>CYCLING-BREW TOUR<br>DISC GOLF<br>5K ROAD RACE - PM |
| 28<br>3 on 3 BASKETBALL | 29<br>VOLLEYBALL<br>(Division 1) | 30<br>VOLLEYBALL<br>(Division 2) | May 1<br>TRIVIA CHALLENGE      |                                |                                |   |
|                         |                                  |                                  |                                |                                |                                |   |

<sup>\*</sup>All dates subject to change.

Check website for the most up to date schedule at necorporategames.com

### **Nebraska Corporate Games Summary**

#### What is the Nebraska Corporate Games?

The Nebraska Corporate Games is a company based competition, taking place in April, that enables and supports teamwork, company pride and corporate wellness through healthy competition. There are 11 sports and competitions offered that include both competitive and non-competitive events. All events will be held in the evenings and on the weekends.

#### The purpose of the Nebraska Corporate Games is:

To promote physical activity, general physical fitness and volunteerism to employees of Nebraska businesses, municipalities and government entities through competitive sports and recreational events.

To provide companies with a platform to promote employee wellness, teamwork and instill company pride through competition in sports and recreational events.

To provide a perk that companies can use in recruiting/retaining employees.

#### Contact

Phone: 402-471-2544

Email: <u>info@nebraskasportscouncil.com</u> Website: www.necorporategames.com

Facebook: <u>www.facebook.com/NECorporateGames</u>

# How large does a company have to be to participate in the Nebraska Corporate Games?

Companies of all sizes participate in the Nebraska Corporate Games. Once registration is complete, companies will be put into divisions based on general company size. Companies fewer than 75 employees are eligible to join with other small companies to compete as one company/team (sum of employees cannot exceed 100).

#### When does registration for the Nebraska Corporate Games take place?

Company registration for the Nebraska Corporate Games begins each December. Registration will continue until the Games hit capacity (estimated at 30 companies for 2019). Companies are encouraged to register early to guarantee a spot.

#### What is the company's investment for the Nebraska Corporate Games?

The cost varies based on size of company and number of events employees register for. Prices are as follows\*:

#### COMPANY RESERVATION COST BASED ON LINCOLN OFFICE

| \$1,000 |
|---------|
| \$1,250 |
| \$1,500 |
| \$2,000 |
| \$2,500 |
|         |

#### Who is eligible to compete?

The Nebraska Corporate Games are open to any company, municipality or government agency or department in Nebraska. Participation is for regular employees (full or part-time), interns and retirees. Participants must be 18 years of age or older.

#### How do employees sign-up for events?

In order to participate in the Nebraska Corporate Games, employers register online and reserve a spot for the company. Then, the company will be invoiced. At that point, employees can "declare" interest in sports and events. Employees will be able to "declare" their interest beginning Feb. 1, 2019 or earlier. For team sports and limited events, the company administrator or event coordinator will determine who is competing in which events. Link to declare interest - <a href="http://events.clearthunder.com/NECORP2019">http://events.clearthunder.com/NECORP2019</a>

#### What if an employee wants to enter multiple sports and events?

Employees are allowed to enter into multiple sports and events. However, "declaring" your interest does not guarantee your participation in that sport or event if there is a limit set for the amount of employees a company can enter. Contact your company administrator with further questions.

#### How many participants can a company have in each event?

That depends on each event. Companies are encouraged to participate in all events if possible, but are not required. Each event page lists a roster limit. Some events, such as team events usually have a limit to the number of teams per company as well as a limit on the roster size. Most individual competitive and non-competitive events have no limit on the number of participants.

#### How are medals awarded for events?

Medals will be awarded to the top three finishers in most individual and team sports. There are some sports and events that do not give out medals. Refer to the sport specific rules to see if you have an opportunity to win a medal.

#### Are there company awards?

All companies will compete against other companies of similar size, depending on number of companies entered, for company plaques in each division. One company will take home the NE Corporate Games Title Belt, which will be awarded to the company that accumulates the most points between the NE Corporate Games and participation in the Cornhusker State Games and the Mud Run. The Title Belt will be awarded after the Mud Run on Aug. 24.

#### How can companies become sponsors?

Sponsorships are available at several different levels. Get exposure for your company while also supporting a unique event. Contact the Nebraska Sports Council Staff at <a href="mailto:info@nebraskasportscouncil.com">info@nebraskasportscouncil.com</a> or 402-471-2544.

#### Are companies required to have uniforms?

Companies are encouraged to be creative and provide a company t-shirt or jersey for their employees in order to show company pride, but uniforms are not required for most events.

#### What if there is inclement weather?

Sports using outdoor sites are weather dependent. Competition will be conducted unless the facility managers or the Nebraska Corporate Games staff determine weather conditions to be potentially dangerous or life threatening, or if playing fields would incur significant damage. The Nebraska Corporate Games reserves all rights to change competition format, schedules or locations depending upon the situation. There will be no refunds for events canceled due to inclement weather. Any cancellations or changes to schedules due to inclement weather will be posted on our social media sites. Participants are encouraged to follow the Nebraska Corporate Games on Facebook.



# **Event Limits and Important Dates**

| Sport/Event         | Team Limits                    | Minimum<br>Roster | Maximum<br>Roster | Company<br>Deadline* | Schedule<br>Available |
|---------------------|--------------------------------|-------------------|-------------------|----------------------|-----------------------|
|                     |                                | (Per 🖯            | Геат)             |                      |                       |
| 5K Road Race        | Unlimited                      |                   | 15                | 4/19/19              |                       |
| Basketball – 3 on 3 | 1 Men's Team<br>1 Women's Team | 3                 | 5                 | 4/8/19               | 4/15/19               |
| Bowling             | 1 Coed Team                    | 5                 | 5                 | 4/8/19               | 4/19/19               |
| Cornhole            | 4 Open Teams                   | 2                 | 2                 | 4/8/19               | 4/19/19               |
| Cycling (Brew Tour) | Unlimited                      |                   | 15                | 4/23/19              |                       |
| Disc Golf (2v2)     | 1 Men's Team<br>1 Women's Team | 2                 | 2                 | 4/8/19               | 4/19/19               |
| Fitness Walk        | Unlimited                      |                   | 15                | 4/24/19              |                       |
| Golf Scramble       | 1 Open Team                    | 4                 | 4                 | 4/8/19               | N/A                   |
| Pickleball          | 2 Open Teams                   | 2                 | 2                 | 4/8/19               | 4/17/19               |
| Trivia Challenge    | 1 Open Team                    | 6                 | 6                 | 4/8/19               | N/A                   |
| Volleyball (6v6)    | 1 Coed Team                    | 6                 | 8                 | 4/8/19               | 4/22/19               |

Open = Any combination of men or women

Coed = Equal number of men and women, except bowling which is a minimum of 2 women.

\*At 5 pm on the date listed, your company's answer for a specific team sport and all of its divisions (men, women, coed) will be frozen. Your company will be responsible to provide the number of teams listed at that time. No shows may incur forfeit points. Schedules will be posted by on the "Schedule Available" date.

\*Each company will receive 15 entries into the 5K Road Race, Cycle Brew Tour and Fitness Walk. Each additional person after 15 will be an additional \$10/per person.



# **Point System**

The point system for the Nebraska Corporate Games is divided into categories, as follows:

- Major Team Competition
  - Sports
    - Bowling
    - Trivia
    - Volleyball
  - Medals will be awarded to the top three teams in each division except Trivia. Trivia will have medals for the top 3 company winners. Points will be awarded to the top four teams within each division, as follows:

| Place           | Points |  |
|-----------------|--------|--|
| 1 <sup>st</sup> | 600    |  |
| 2 <sup>nd</sup> | 500    |  |
| 3 <sup>rd</sup> | 400    |  |
| 4 <sup>th</sup> | 300    |  |

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, teams must complete the event as designed. Points for participation per
team in Major Team Competition are as follows:

| Event      | <b>Participation Points</b> |
|------------|-----------------------------|
| Trivia     | 60                          |
| Volleyball | 60                          |
| Bowling    | 50                          |

- Team Competition
  - Sports
    - Basketball 3 on 3
    - Golf Scramble
  - Medals will be awarded to the top three teams in each division. Points will be awarded to the top four teams within each division, as follows:

| Place           | Points |  |
|-----------------|--------|--|
| 1 <sup>st</sup> | 500    |  |
| 2 <sup>nd</sup> | 400    |  |
| 3 <sup>rd</sup> | 300    |  |
| 4 <sup>th</sup> | 200    |  |

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, teams must complete the event as designed. Points for participation per
team in Team Competition are as follows:

| Event      | <b>Participation Points</b> |
|------------|-----------------------------|
| Golf       | 40                          |
| Basketball | 30                          |

#### • Doubles Competition

- Sports
  - Cornhole
  - Disc Golf
  - Pickleball
- Medals will be awarded to the top three teams in each division. Points will be awarded to the top four teams within each division, as follows

| Place           | Points |  |
|-----------------|--------|--|
| 1 <sup>st</sup> | 500    |  |
| 2 <sup>nd</sup> | 400    |  |
| 3 <sup>rd</sup> | 300    |  |
| 4 <sup>th</sup> | 200    |  |

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, teams must complete the event as designed. Points for participation in
Doubles (per team) Competition are as follows:

| Event      | <b>Participation Points</b> |
|------------|-----------------------------|
| Cornhole   | 20                          |
| Disc Golf  | 20                          |
| Pickleball | 20                          |

#### Cycling Brew Tour

- Riders will get points based on Breweries visited below. No medals will be awarded.
  - Backswimg Brewing Co. 5 pts.
  - Blue Blood Brewing Co. 5 pts.
  - Code Beer Co. 5 pts.
  - Cosmic Eye Brewing 10 pts.
  - Empyrean Brewing Co. 5 pts.
  - Green Flash 5 pts.
  - White Elm Brewing Co. 5 pts

#### • Fitness Walk

Walkers will receive 5 points for every lap completed with no limit to the number of laps a walker
chooses to complete. A Mall Scavenger Hunt will be set up and 5 bonus points awarded for
completing all items. Walkers do not have to participate in the Mall Scavenger Hunt if they do
not want to. No medals will be awarded.

#### • 5K Road Race

- The 5K Road Race will be held as a single event. Individuals will compete within their gender.
- Medals will be awarded to the top three companies with the most points.
- Points will be awarded to the top 20 men & top 20 women as follows:

| Place | Points     |  |
|-------|------------|--|
| 1     | 200        |  |
| 2     | 195        |  |
| 3     | 190        |  |
| 4     | 185        |  |
| 5     | 180        |  |
| 6     | 175        |  |
| 7     | 170        |  |
| 8     | 165        |  |
| 9     | 160        |  |
| 10    | 155        |  |
| 11    | 150        |  |
| 12    | 145        |  |
| 13    | 140<br>135 |  |
| 14    |            |  |
| 15    | 130        |  |
| 16    | 125        |  |
| 17    | 120        |  |
| 18    | 115        |  |
| 19    | 110        |  |
| 20    | 105        |  |

Runners who don't place in top 20 in male or female divisions will receive 10 participation points.

#### • Volunteer Points

- 10 points will be awarded for each volunteer who assists with the Nebraska Corporate Games.
- List for volunteer opportunities will be provided on the website.

#### Penalty Points

• Nebraska Corporate Games will assess Penalty Points to those companies which commit a team, but competitors do not show up for bracketed events, as well as Bowling, Golf, and Trivia. It diminishes the spirit of the Games when a team or individuals travel from across the city to participate in one of these events, only to have their opponent forfeit. Penalty points will be assessed for the following events (per team):

| Event         | <b>Penalty Points</b> | Event          | <b>Penalty Points</b> |
|---------------|-----------------------|----------------|-----------------------|
| Volleyball    | -60                   | Basketball 3v3 | -30                   |
| Trivia        | -60                   | Cornhole       | -20                   |
| Bowling       | -50                   | Pickleball     | -20                   |
| Golf Scramble | -40                   | Disc Golf      | -20                   |

## 3 on 3 Basketball Tournament

#### **DATES**

Sunday, April 28<sup>th</sup> Divisions TBA

#### SITE

Lincoln Southeast High School, 2930 S 37th St, Lincoln

#### TIME

Check In – 8 a.m. Games will start at 9 a.m.

#### **DURATION OF EVENT**

Teams that continue to win should expect to play past 3 pm

#### **ROSTER LIMIT**

Teams consist of a minimum of 3 players and maximum of 5 players. Companies are allowed 1 men's team and 1 women's team

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **NOTES**

- · Minimum of 2 Games.
- Companies must provide own team balls. The ref will choose best ball to play with before the games starts.

#### SPORT DIRECTORS

Todd Johnson - <u>TJohnson@ymcalincoln.org</u> Julie Haag - <u>JHaag@ymcalincoln.org</u>



# **Bowling**

#### **DATES**

Friday, April 26 Divisions TBA

#### SITE

Sun Valley Lanes, 321 Victory Ln, Lincoln

#### TIME

Check In – 5 p.m. Games will start at 6 p.m.

#### **DURATION OF EVENT**

The competition should end no later than 9 p.m.

#### **ROSTER LIMIT**

Teams consist of 5 participants. Companies are allowed 1 coed team. Must have minimum 2 women on team.

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **SPORT DIRECTOR**

John Losito - <u>jlosito@sunvalleylanes.com</u>



## **Cornhole Tournament**

#### **DATES**

Wednesday & Thursday, April 24 & 25

Division 1 plays Wednesday, April 24<sup>th</sup> Division 2 plays Thursday, April 25<sup>th</sup>

#### SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

#### TIME

Check In - 4:30 p.m.

Games will start at 5:30 pm. Times and court assignments are only listed for the first set of games on each court. Subsequent games will then be assigned, in order, to the next available court.

#### **DURATION OF EVENT**

Teams that continue to win should expect to play past 10 pm

#### **ROSTER LIMIT**

Teams consist of 2 participants. Companies may have up to 4 open teams.

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **NOTES**

- Alcoholic beverages will be available for purchase and allowed in the Spikes Gym.
- Games will be played first to 21(do not have to be exactly 21).
- Double elimination tournament.
- Full list of rules located on the Cornhole Sport Page.

#### SPORT DIRECTOR

David Case - new14dave@yahoo.com



# **Cycling – Brew Tour**

#### **DATES**

Saturday, April 27

#### SITE

Speedway Sports Complex, 345 Speedway Cir, Lincoln

Route Maps will be available soon

#### TIME

Riders are encouraged to start between 1 and 2 p.m. and finish by 5 p.m.

#### **ROSTER LIMIT**

Each company will receive 15 entries into the Cycle Brew Tour. Each additional person after 15 will be an additional \$10/per person.

#### **ELIGIBILITY**

All riders must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **BREWERY STOPS:**

- Backswing Brewing Co.
- Blue Blood Brewing Co.
- Code Beer Co.
- Cosmic Eye Brewing
- Empyrean Brewing Co.
- Green Flash Brewing Co.
- While Elm Brewing Co.

#### **POST RACE/AFTER PARTY:**

Alcoholic beverages will be available for purchase after the Cycling Brew Tour. ID REQUIRED.

#### **SPORT DIRECTORS**

Kris Sonderup - <a href="mailto:kris@cycleworksusa.com">kris@cycleworksusa.com</a>
Rick Dockhorn - <a href="mailto:rockd@cycleworksusa.com">rockd@cycleworksusa.com</a>



## **Disc Golf Tournament**

#### **DATE**

Saturday, April 27<sup>th</sup> Divisions TBA

#### SITE

Max Roper Disc Golf Course West, 3630 N 3rd St, Lincoln

#### TIME

Check In – 1 p.m. Shotgun starting at 2 p.m.

#### **DURATION OF EVENT**

Approximately 3-4 hours.

#### **ROSTER LIMIT**

Teams consist of 2 participants. Companies are allowed 1 mens team and 1 women's team

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **NOTES**

• Limited discs are available for loan to those players who don't have their own discs. Please contact Anita Jackson, Corporate Games Disc Golf Director for loaner equipment.

#### **SPORT DIRECTOR**

Anita Jackson - frisbee@navix.net



## **Fitness Walk**

#### **DATES**

Monday, April 22

#### SITE

Gateway Mall, 6100 O St, Lincoln

#### TIME

Check In – 4:30 p.m. Start – Anytime between 4:30 and 6 p.m.

#### **ROSTER LIMIT**

Each company will receive 15 entries into the Fitness Walk. Each additional person after 15 will be an additional \$10/per person.

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games



## **Golf Scramble**

#### **DATES**

Friday, April 26

#### SITE

Woodland Hills Golf Course, (6000 Woodland Hills Dr., Eagle, NE)

#### TIME

Check In – Noon Shotgun start at 1 p.m.

#### **DURATION OF EVENT**

Approximately 4-5 hours.

#### **ROSTER LIMIT**

Team consists of 4 participants. Companies are allowed 1 open team.

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **NOTES**

• Golf Scramble Cost: Companies that choose to submit a four-person team for the Corporate Games Golf Scramble will pay an extra \$30 per person, on top of the overall Company Fee. Golfers will receive 18 holes of golf, range balls, cart and a burger buffet following golf. Companies can choose to pay all of the additional fee for the players or have each player pay \$30 on their own.

#### SPORT DIRECTOR

Tom Erlandson - woodlandhillspro@gmail.com



## **Pickleball Tournament**

#### **DATES**

Tuesday, April 23 Divisions TBA

#### SITE

Speedway Sports Complex, 345 Speedway Cir, Lincoln



#### TIME

Check In - 4:30 p.m.

Games will start at 5:30 pm. Times and court assignments are only listed for the first set of games on each court. Subsequent games will then be assigned, in order, to the next available court.

#### **DURATION OF EVENT**

Teams that continue to win should expect to play past 9:30 pm

#### **ROSTER LIMIT**

Teams consist of 2 participants. Companies are allowed 2 Open Teams.

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **NOTES**

- Limited Pickleball equipment is available for loan to those players who don't have their own. Please contact Mark Nelson, Corporate Games Pickleball Directors for loaner equipment.
- Can only play on 1 Pickleball Team

#### SPORT DIRECTOR

Mark Nelson - mark@nelsoninteractive.com

## **5K Road Race**

#### **DATES**

Saturday, April 27

#### SITE

Speedway Sports Soccer Complex, 345 Speedway Cir, Lincoln

#### TIME

Check In – 4 p.m. Start Time – 5 p.m.

#### **ROSTER LIMIT**

Each company will receive 15 entries into the 5K Road Race. Each additional person after 15 will be an additional \$10/per person.

#### **ELIGIBILITY**

All runners must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **POST RACE/AFTER PARTY:**

Alcoholic beverages will be available for purchase after the 5K Road Race. ID REQUIRED.

#### **DIVISIONS**

Individuals will compete within their gender.

#### **SPORT DIRECTORS**

Todd Fitzgerald - <u>csgenergyevents@gmail.com</u> Dennis Heuke - <u>dghikee@hotmail.com</u>



# **Trivia Challenge**

#### **DATES**

Wednesday, May 1

#### SITE

Graduate Hotel, 141 N 9<sup>th</sup> St, Lincoln

#### **TIME**

Check In -5:30 p.m. Competition starts at 6:30 p.m.

#### **DURATION OF EVENT**

Approximately 2-3 hours

#### **ROSTER LIMIT**

Teams consist of 6 participants. Companies are allowed 1 open team.

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### **NOTES**

Food and alcoholic beverages will be available for purchase.



# **Indoor Volleyball Tournament**

#### **DATES**

Monday & Tuesday, April 29 & 30

Division 1 plays Monday, April 29<sup>th</sup> Division 2 plays Tuesday, April 30<sup>th</sup>

#### SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

#### TIME

Check In - 4:30 p.m.

Games will start at 5:30pm. Times and court assignments are only listed for the first set of games on each court. Subsequent games will then be assigned, in order, to the next available court.

#### **DURATION OF EVENT**

Teams that continue to win should expect to play past 10 pm

#### **ROSTER LIMIT**

Teams consist of 8 participants. Companies are allowed 1 Coed team (must have minimum of 3 women).

#### **ELIGIBILITY**

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

#### SPORT DIRECTOR

Dave Sutko - dave@spikesbbg.com

