

WHAT ARE THEY SAYING?

"The Nebraska Corporate Games gave the employees of Crete Carrier a great opportunity to build morale and continue our team bonding. We were able to work with other departments outside of our normal work environment which flowed over into our day to day business and helped build stronger teammates and communication throughout our company. Just a great opportunity to see fellow associates outside of the typical business settings."

-Roger Mundt
Asset Manager Dedicated/Expedited Fleets
Crete Carrier Corporation

"The Corporate Games were a great experience for Assurity."

The comradery that developed from the competition was definitely the highlight. It gave our associates an opportunity to compete with co-workers in different departments. They really got to know others that they don't work with on a regular basis."

-Laura-Leigh Norris Wellness and Life Enhancement Consultant Assurity Life Insurance Company

Nebraska Corporate Games Summary

What is the Nebraska Corporate Games?

The Nebraska Corporate Games is a company based competition, taking place in April & May, that enables and supports teamwork, company pride and corporate wellness through healthy competition. There are 12 sports and competitions offered that include both competitive and non-competitive events. Most events will be held in the evenings and on the weekends.

The purpose of the Nebraska Corporate Games is:

To promote physical activity, general physical fitness and volunteerism to employees of Nebraska businesses, municipalities and government entities through competitive sports and recreational events.

To provide companies with a platform to promote employee wellness, teamwork and instill company pride through competition in sports and recreational events.

To provide a perk that companies can use in recruiting/retaining employees.

Contact

Phone: 402-471-2544

Email: <u>info@nebraskasportscouncil.com</u> Website: www.necorporategames.com

Facebook: <u>www.facebook.com/NECorporateGames</u>

How large does a company have to be to participate in the Nebraska Corporate Games?

Companies of all sizes participate in the Nebraska Corporate Games. Once registration is complete, companies will be put into divisions based on general company size. Companies fewer than 75 employees are eligible to join with other small companies to compete as one company/team (sum of employees cannot exceed 100).

When does registration for the Nebraska Corporate Games take place?

Company registration for the Nebraska Corporate Games begins each October. Registration will continue until the Games hit capacity (estimated at 50 companies for 2020). Companies are encouraged to register early to guarantee a spot.

What is the company's investment for the Nebraska Corporate Games?

The cost varies based on size of company and number of events employees register for. Prices are as follows*:

COMPANY RESERVATION COST BASED ON LINCOLN AREA OFFICE

\$1,250
\$1,500
\$1,750
\$2,250
\$2,750

Who is eligible to compete?

The Nebraska Corporate Games are open to any company, municipality or government agency or department in Nebraska. Participation is for regular employees (full or part-time), interns and retirees. Participants must be 18 years of age or older.

How do employees sign-up for events?

In order to participate in the Nebraska Corporate Games, employers register online and reserve a spot for the company. Then, the company will be invoiced. At that point, employees can "declare" interest in sports and events. Employees will be able to "declare" their interest beginning Jan. 1, 2020 or earlier. For team sports and limited events, the company administrator or event coordinator will determine who is competing in which events.

What if an employee wants to enter multiple sports and events?

Employees are allowed to enter into multiple sports and events. However, "declaring" your interest does not guarantee your participation in that sport or event if there is a limit set for the amount of employees a company can enter. Contact your company administrator with further questions.

How many participants can a company have in each event?

That depends on each event. Companies are encouraged to participate in all events if possible, but are not required. Each event page lists a roster limit. Some events, such as team events usually have a limit to the number of teams per company as well as a limit on the roster size. Most individual competitive and non-competitive events have no limit on the number of participants.

How are medals awarded for events?

Medals will be awarded to the top three finishers in most individual and team sports. There are some sports and events that do not give out medals. Refer to the sport specific rules to see if you have an opportunity to win a medal.

Are there company awards?

All companies will compete against other companies of similar size, depending on number of companies entered, for company plaques in each division. One company will take home the NE Corporate Games Title Belt, which will be awarded to the company that accumulates the most points between the NE Corporate Games and participation in the Cornhusker State Games and the Mud Run. The Title Belt will be awarded after the Mud Run in August.

How can companies become sponsors?

Sponsorships are available at several different levels. Get exposure for your company while also supporting a unique event. Contact the Nebraska Sports Council Staff at info@nebraskasportscouncil.com or 402-471-2544.

Are companies required to have uniforms?

Companies are encouraged to be creative and provide a company t-shirt or jersey for their employees in order to show company pride, but uniforms are not required for most events. However, an overall award will be given for the Best Company Uniform.

What if there is inclement weather?

Sports using outdoor sites are weather dependent. Competition will be conducted unless the facility managers or the Nebraska Corporate Games staff determine weather conditions to be potentially dangerous or life threatening, or if playing fields would incur significant damage. The Nebraska Corporate Games reserves all rights to change competition format, schedules or locations depending upon the situation. There will be no refunds for events canceled due to inclement weather. Any cancellations or changes to schedules due to inclement weather will be posted on our social media sites. Participants are encouraged to follow the Nebraska Corporate Games on Facebook.



Event Limits and Important Dates

Sport/Event	Team Limits	Minimum	Maximum	Company	Schedule
' '		Roster Roster		Deadline*	Available
	_	(Per	Team)		
5K Road Race	Unlimited		15	4/10/2020	
Basketball Hot-Shot	See Below			4/13/2020	TBD
Bowling	1 Coed Team	5	5	4/30/2020	TBD
Cornhole	4 Open Teams	2	2	4/16/2020	TBD
Cycling (Brew Tour)	Unlimited		15	4/17/2020	
Fitness Walk	Unlimited		15	4/06/2020	
Golf Scramble	1 Open Team	4	4	4/24/2020	N/A
Meals from the	1 Open Team	6	10	4/09/2020	
Heartland		0	10	4/09/2020	
Pickleball	2 Open Teams	2	2	4/14/2020	TBD
Trivia Challenge	1 Open Team	6	6	4/29/2020	N/A
Tug of War	1 Men's Team				
	1 Women's	5	5	4/24/2020	TBD
	Team				
Volleyball (6v6)	1 Coed Team	6	0	4/20/2020 –	TBD
		6 8		4/23/2020	טפו
Zumba	Unlimited		15	4/28/2020	

Open = Any combination of men or women

Coed = Equal number of men and women, except bowling which is a minimum of 2 women.

*At 5 pm on the date listed, your company's answer for a specific team sport and all of its divisions (men, women, coed) will be frozen. Your company will be responsible to provide the number of teams listed at that time. No shows may incur forfeit points. Schedules will be posted by on the "Schedule Available" date.

*Basketball Hot Shot - 3-point and Free Throw competition. Company participation is limited to 3 men and 3 women per competition and per age group, (18-29. 30-39, 40+).

^{*}Each company will receive 15 entries into the 5K Road Race, Cycle Brew Tour, Fitness Walk and Zumba. Each additional person after 15 will be an additional \$10/per person.



Point System

The point system for the Nebraska Corporate Games is divided into categories, as follows:

- Major Team Competition
 - Sports
 - Bowling
 - Meals from the Heartland
 - Trivia
 - Tug of War
 - Volleyball
 - Medals will be awarded to the top three teams in each division except Trivia. Trivia will have medals for the top 3 company winners. Points will be awarded to the top four teams within each division, as follows:

Place	Points
1 st	600
2 nd	500
3 rd	400
4 th	300

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, teams must complete the event as designed. Points for participation per
team in Major Team Competition are as follows:

Event	Participation Points	
Meals from	100	
the Heartland	100	
Trivia	60	
Volleyball	60	
Bowling	50	
Tug of War	50	

• Team Competition

- Sports
 - Golf Scramble
- Medals will be awarded to the top three teams in each division. Points will be awarded to the top four teams within each division, as follows:

Place	Points
1 st	500
2 nd	400
3 rd	300
4 th	200

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, teams must complete the event as designed. Points for participation per
team in Team Competition are as follows:

Event	Participation Points
Golf	40

Doubles Competition

- Sports
 - Cornhole
 - Pickleball
- Medals will be awarded to the top three teams in each division. Points will be awarded to the top four teams within each division, as follows

Place	Points
1 st	500
2 nd	400
3 rd	300
4 th	200

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, teams must complete the event as designed. Points for participation in
Doubles (per team) Competition are as follows:

Event	Participation Points
Cornhole	20
Disc Golf	20
Pickleball	20

Cycling Brew Tour

• Riders will get points based on Breweries visited. No medals will be awarded.

• Fitness Walk

• Walkers will receive points for every lap completed with no limit to the number of laps a walker chooses to complete. **No medals will be awarded.**

ZUMBA

Participants will receive 25 points for participating. No medals will be awarded.

• Basketball Hot-Shot

- Individuals will compete within their gender, age group and division; results will be scored by division.
 - Age Groups: 18-29, 30-39, 40+
- Medals will be awarded to the top three finishers in each age group and division. Points will be awarded to the top four finishers in each age group (by division) as follows.

Place	Points
1 st	50
2 nd	40
3 rd	30
4 th	20

Participation points will be awarded to all teams in the Nebraska Corporate Games. To receive
participation points, individuals must complete the event as designed. Points for participation in
Basketball Free Throw as well as 3-Point competition are as follows:

Event	Participation Points
Basketball	10
Hot Shot	10

• 5K Road Race

- The 5K Road Race will be held as a single event. Individuals will compete within their gender.
- Medals will be awarded to the top three companies with the most points.
- Points will be awarded to the top 20 men & top 20 women as follows:

Place	Points
1	200
2	195
3	190
4	185
5	180
6	175
7	170
8	165
9	160
10	155
11	150
12	145
13	140
14	135
15	130
16	125
17	120
18	115
19	110
20	105

• Runners who don't place in top 20 in male or female divisions will receive 10 participation points.

• Volunteer Points

- 10 points will be awarded for each volunteer who assists with the Nebraska Corporate Games.
- List for volunteer opportunities will be provided on the website.

Penalty Points

• Nebraska Corporate Games will assess Penalty Points to those companies which commit a team, but competitors do not show up for bracketed events, as well as Bowling, Golf, and Trivia. It diminishes the spirit of the Games when a team or individuals travel from across the city to participate in one of these events, only to have their opponent forfeit. Penalty points will be assessed for the following events (per team):

Event	Penalty Points	Event	Penalty Points
Volleyball	-60	Golf Scramble	-40
Trivia	-60	Cornhole	-20
Bowling	-50	Pickleball	-20

Basketball | Hot-Shot

DATES

Sunday, April 19, 2020

SITE

Lincoln Northeast High School

TIME

Check In – 9 a.m. Shooting will start at 10 a.m.

DURATION OF EVENT

Approximately 2 hours for each division.

ROSTER LIMIT

3-point and Free Throw competition. Company participation is limited to 3 men and 3 women per competition and per age group, (18-29. 30-39, 40+).

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

NOTES

- Free Throw competition
 - One round of 15 free throws from standard distance
 - Three minute MAX to shoot 15 free throws.
- 3-Point Competition
 - One (1) round of 15 3-point shots, taken from three spots outside the 3-point arc. Shots are worth one (1) point each, except for shots 5, 10, and 15. These are considered "money balls" and will be worth two (2) points each.
 - o One minute to shoot 15 shots.



Bowling

DATES

Division 3 & 4 - Thursday, May 7, 2020 Division 1 & 2 - Friday, May 8, 2020

Divisions TBA

SITE

Sun Valley Lanes, 321 Victory Ln, Lincoln

TIME

Check In -5 p.m. Games will start at 6 p.m.

DURATION OF EVENT

The competition should end no later than 9 p.m.

ROSTER LIMIT

Teams consist of 5 participants. Companies are allowed 1 coed team. Must have minimum 2 women on team.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

SPORT DIRECTOR

John Losito - <u>ilosito@sunvalleylanes.com</u>



Cornhole Tournament

DATES

Division 1 & 2 - Thursday, April 23, 2020 Division 3 & 4 - Friday, April 24, 2020



SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

TIME

Check In - 4:30 p.m.

Games will start at 5:30 pm. Times and court assignments are only listed for the first set of games on each court. Subsequent games will then be assigned, in order, to the next available court.

DURATION OF EVENT

Teams that continue to win should expect to play past 10 pm

ROSTER LIMIT

Teams consist of 2 participants. Companies may have up to 4 open teams.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

NOTES

- Alcoholic beverages will be available for purchase and allowed in the Spikes Gym.
- Games will be played first to 21(do not have to be exactly 21).
- Double elimination tournament.
- Full list of rules located on the Cornhole Sport Page.

SPORT DIRECTOR

David Case - new14dave@gmail.com

Cycling – Brew Tour

DATES

Saturday, April 25, 2020

SITE

Granite City, 6150 O St, Lincoln

TIME

Riders are encouraged to start at 12 p.m. and finish by 5 p.m.

ROSTER LIMIT

Each company will receive 15 entries into the Cycle Brew Tour. Each additional person after 15 will be an additional \$10/per person.

ELIGIBILITY

All riders must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

SPORT DIRECTORS

Kris Sonderup - <u>kris@cycleworksusa.com</u> Rick Dockhorn - <u>rockd@cycleworksusa.com</u>



Fitness Walk

DATES

Division 1 & 2 - Monday, April 13, 2020 Division 3 & 4 - Tuesday, April 14, 2020

SITE

Gateway Mall, 6100 O St, Lincoln

TIME

Check In – 4:30 p.m.
Start – Anytime between 4:30 and 5:30 p.m.
Finish – Walkers must complete their walk by 7 p.m.

ROSTER LIMIT

Each company will receive 15 entries into the Fitness Walk. Each additional person after 15 will be an additional \$10/per person.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games



Golf Scramble

DATES

Division 1 & 2 - Friday, May 1, 2020 Division 3 & 4 - Friday, May 8, 2020

SITE

Woodland Hills Golf Course, (6000 Woodland Hills Dr., Eagle, NE)

TIME

Check In – 9:30 a.m. Shotgun start at 10:30 a.m.

DURATION OF EVENT

Approximately 4-5 hours.

ROSTER LIMIT

Team consists of 4 participants. Companies are allowed 1 open team.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

SPORT DIRECTOR

Tom Erlandson - woodlandhillspro@gmail.com



Meals from the Heartland

DATES

Division 1 & 2 - Thursday, April 16 Division 3 & 4 - Friday, April 17

Divisions TBA

SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

TIME

DIVISION 1 - April 16

Check In - 5:30 pm Competition starts at 6 pm

DIVISION 2 - APRIL 16

Check In - 6 pm Competition starts at 6:30 pm

DIVISION 3 - APRIL 17

Check In - 5:30 pm Competition starts at 6 pm

DIVISION 4 - APRIL 17

Check In - 6 pm Competition starts at 6:30 pm

DURATION OF EVENT

The competition should end no later than 8:30 p.m.

ROSTER LIMIT

Teams consist of 8-10 participants. Companies are allowed 1 open team.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

NOTES

• Companies package as many meals as they can in a 90 minute time frame.



Pickleball Tournament

DATES

Division 1 & 2 - Tuesday, April 21, 2020 Division 3 & 4 - Wednesday, April 22, 2020

SITE

Speedway Sports Complex, 345 Speedway Cir, Lincoln



TIME

Division 1 & 2 - Tuesday, April 21, 2020

Division 1 - Warm-up and check-in will begin at 5 pm. Play will begin at 5:30 pm. Pool and court assignments will be provided upon arrival.

Division 2 - Warm-up and check-in will begin at 6:30 pm. Play will begin around 7 pm. Pool and court assignments will be provided upon arrival

Division 3 & 4 - Wednesday, April 22, 2020

Division 3 - Warm-up and check-in will begin at 5 pm. Play will begin at 5:30 pm. Pool and court assignments will be provided upon arrival.

Division 4 - Warm-up and check-in will begin at 6:30 pm. Play will begin around 7 pm. Pool and court assignments will be provided upon arrival.

DURATION OF EVENT

Teams that continue to win should expect to play past 9:30 pm

ROSTER LIMIT

Teams consist of 2 participants. Companies are allowed 2 Open Teams.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

NOTES

- Limited Pickleball equipment is available for loan to those players who don't have their own. Please contact Mark Nelson, Corporate Games Pickleball Directors for loaner equipment.
- Can only play on 1 Pickleball Team

SPORT DIRECTOR

Mark Nelson - mark@nelsoninteractive.com

5K Road Race

DATES

Saturday, April 18, 2020

SITE

TBD

TIME

Check In – 8 a.m. Start Time – 9 a.m.

ROSTER LIMIT

Each company will receive 15 entries into the 5K Road Race. Each additional person after 15 will be an additional \$10/per person.

ELIGIBILITY

All runners must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

DIVISIONS

Individuals will compete within their gender.



Trivia Challenge

DATES

Wednesday, May 6, 2020

SITE

Graduate Hotel, 141 N 9th St, Lincoln

TIME

Check In -5:30 p.m. Competition starts at 6:30 p.m.

DURATION OF EVENT

Approximately 2 hours

ROSTER LIMIT

Teams consist of 6 participants. Companies are allowed 1 open team.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

NOTES

Food and alcoholic beverages will be available for purchase.



Tug of War

DATES

Saturday, May 2, 2020

SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

TIME

Division 1 - 11 am - 1 pm Division 2 - 1 pm - 3 pm Division 3 - 3 pm - 5 pm Division 4 - 5 pm - 7 pm

DURATION OF EVENT

Approximately 2 hours.

ROSTER LIMIT

Teams consist of 5 participants. Companies are allowed 1 Men and Women's teams.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

NOTES:

Tug of War will take place on the Sand Volleyball Courts OUTSIDE. Please dress accordingly.

SPORT DIRECTOR

Dave Sutko - dave@spikesbbg.com



Indoor Volleyball Tournament

DATES

Division 1 – Monday, April 27, 2020 Division 2 – Tuesday, April 28, 2020 Division 3 – Wednesday, April 29, 2020 Division 4 – Thursday, April 30, 2020



SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

TIME

Check In - 4:30 p.m.

Games will start at 5:30pm. Times and court assignments are only listed for the first set of games on each court. Subsequent games will then be assigned, in order, to the next available court.

DURATION OF EVENT

Teams that continue to win should expect to play past 10 pm

ROSTER LIMIT

Teams consist of 8 participants. Companies are allowed 1 Coed team (must have minimum of 3 women).

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

SPORT DIRECTOR

Dave Sutko - dave@spikesbbg.com

Zumba

DATES

Tuesday, May 5, 2020

SITE

Spikes Beach Bar & Grille, 2300 Judson St, Lincoln

TIME

Division 1 & 2 -

Check In: 5:30

Class from: 6 pm - 7 pm

Division 3 & 4 -Check In: 7:30 pm Class from: 8 pm – 9 pm

*Class will last for 60 minutes.



Each company will receive 15 entries into Zumba. Each additional person after 15 will be an additional \$10/per person.

ELIGIBILITY

All players must be regular employees (full or part-time), interns or retirees of companies registered for the Nebraska Corporate Games

